

### **Routine Preventive Visit - Complete Physical Exam**

Thank you for scheduling your routine complete physical exam with us! Preventive care and promotion of healthy lifestyles are central to Silver Pine's philosophy of care. For this reason, a routine preventive exam (or complete physical) is prevention focused, not problem focused. If you have a new or existing medical problem that needs attention, make a separate appointment to address those.

#### **Insurance Coverage**

It is your responsibility to confirm that you have coverage for your routine preventive exam. Typically, these are covered if it has been 12 months from your previous or every calendar year. If you have forms from your insurance or employer, bring them to your appointment.

#### **Medicare patients**

Complete the *Medicare Wellness Questionnaire* prior to your appointment. You can download it from our website or pick one up at the office. If you cannot, please come 15 minutes before your appointment to allow time to complete the questionnaire.

#### **Labs - Blood work**

You should be fasting for blood work for your physical. Fasting is approx. 12 hours with no eating or drinking, except water. Drink plenty of water. Black coffee is also allowed.

*Established patients:* Please have your labs done at least one week prior to your appointment. Either obtain an order from us or confirm that there is an order in your chart. Stop in during our open lab hours.

*New patients:* If your appointment is before noon, please fast for the appointment. If your appointment is in the afternoon, fasting is not required. We will provide you with an order to return for your blood work.

#### **Cancellation**

We reserve a special time for your routine preventive exam. Therefore, failure to show your scheduled appointment or cancelling with less than 24 hours' notice will result in a \$50 charge.

#### **Patient Portal**

Prior to your appointment we encourage you to visit our website, [www.silverpinedocs.com](http://www.silverpinedocs.com), to register for our patient portal. The patient portal allows you to communicate with our office and view your medical information.

For further information, please contact our office or visit our website. We look forward to seeing you at your appointment and appreciate your trust in us to take care of your health needs. Thank you!

**ROUTINE COMPLETE PHYSICAL EXAMINATION / PAP SMEAR CONSENT FORM**

Dear Patient,

You have been scheduled for a complete physical examination and/or Pap smear.

Please be advised that routine examinations *may or may not* be a covered benefit by your insurance company. It is your responsibility to check with your insurance company prior to your appointment as to what your benefits are to avoid charges to your account.

Please find listed below the billing codes associated with the routine visits and tests that may be performed based on age and risk factors.

Service	Code
<b>Routine Visits and Testing</b>	
Routine Preventative Exam (code is age dependent)	99381 - 99397
Pap Smear	Q0091
Electrocardiogram	93000
Urinalysis	81002
Hemoccult	82274
<b>Routine Blood Tests - billed as routine with diagnostic code Z00.00 – routine medical exam</b>	
Complete Blood Count with differential	85025
Comprehensive Metabolic Panel	80053
TSH - Thyroid Stimulating Hormone	84443
General Health Panel (combination of the above 3 tests)	80050
Lipid Panel	80061
PSA (males over 40)	84153
<b>Additional Blood Tests, if necessary - billed as diagnostic, <i>not routine</i>, with appropriate diagnostic code</b>	
Vitamin D	82306
Testosterone	84403
FSH - follicle stimulating hormone (females only)	83001
LH - luteinizing hormone (females only)	83002

**By signing this form, you understand and have agreed to pay any charges that your insurance carrier may not cover.**

Patient Name: \_\_\_\_\_ Patient DOB: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please bring this form with you the day of your exam. We must have a signed copy prior to your complete physical.